### Wester Ross Wild Trout Workshop, Kinlochewe Village Hall, 30<sup>th</sup> April 2019

Supported by Wester Ross Area Salmon Fishery Board and The Wild Trout Trust



### **Programme** (provisional titles for some talks)

10:30 10:35 11:00	Welcome and introduction <b>Dr Steve Kett</b> (University of Middlesex) <i>Introduction to the Loch Maree Wild Trout Project</i> <b>Vu Dang</b> (University of Middlesex) <i>A first look at the population structure of Loch Maree wild trout</i>
11:25	Short break
11:35	<b>Dr Toby Landeryou</b> (Universitry of Middlesex) <i>Immunogenic adaptation of UK brown trout populations to parasite infection</i>
12:00	<b>Prof Eric Verspoor</b> (UHI Rivers and Lochs Institute) <i>Trout tales from Loch Laidon and other wild waters</i>
12:30	Lunch
13:35	Peter Cunningham (SWRFT) Wester Ross: a stronghold for the future of wild brown trout?
14:00	<b>Dr David Morris</b> (Marine Scotland Science) <i>Tracking sea trout in Loch Torridon: where do they go (and why)?</i>
14:25	Short break
14:35	Dr Martijn Timmermans (Middlesex University) Sea lice in the molecular biology classroom
15:00	<b>Gareth Pedley</b> (The Wild Trout Trust) <i>Habitat management for wild trout: examples of work of The Wild Trout Trust</i>
15:30	General discussion: priorities for the conservation and management of wild trout in Wester Ross area
16:00	Close of meeting









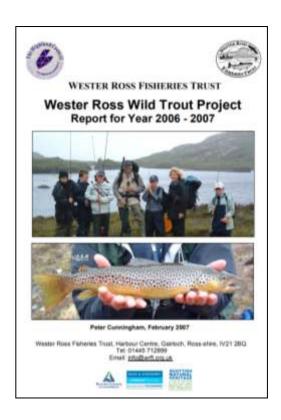






# **Summary**

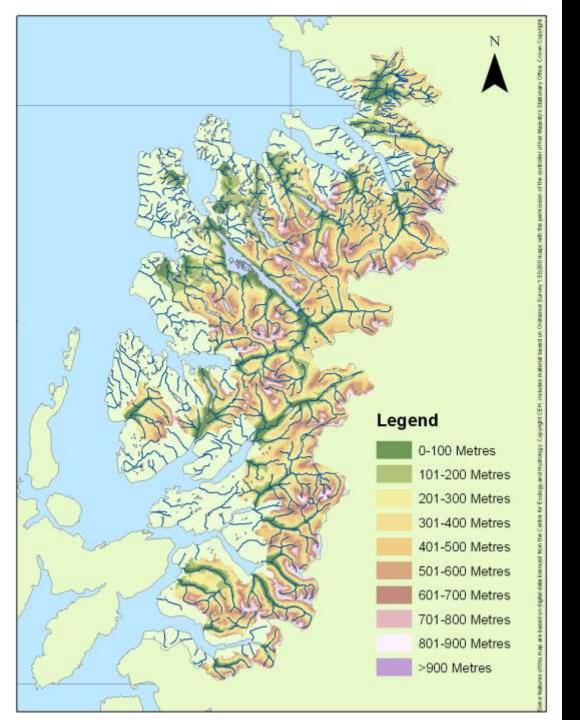
- •Wild trout diversity: some examples
- •Some challenges . . .



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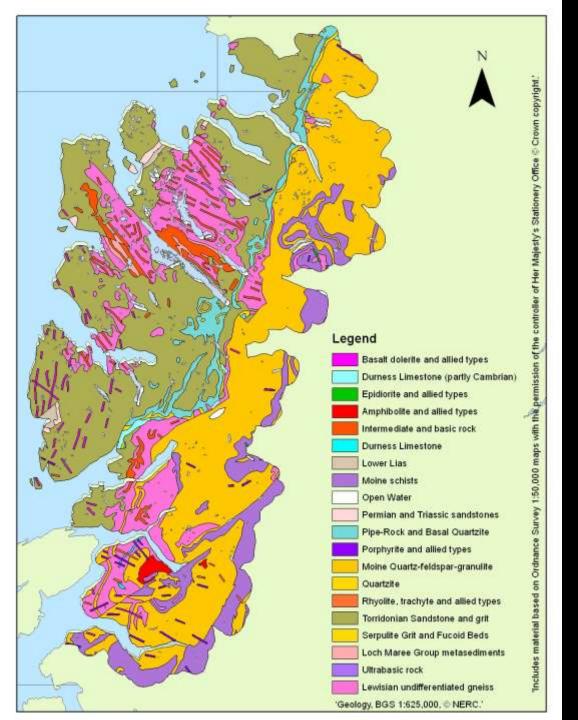




## **Wester Ross**

Land of glaciated mountains, lochs and short, swiftly flowing salmon rivers . . .





... underlain by Torridonian sandstone and Lewisian Gneiss.











Strath na Sealga, upper Gruinard: note alder woodland along floodplain







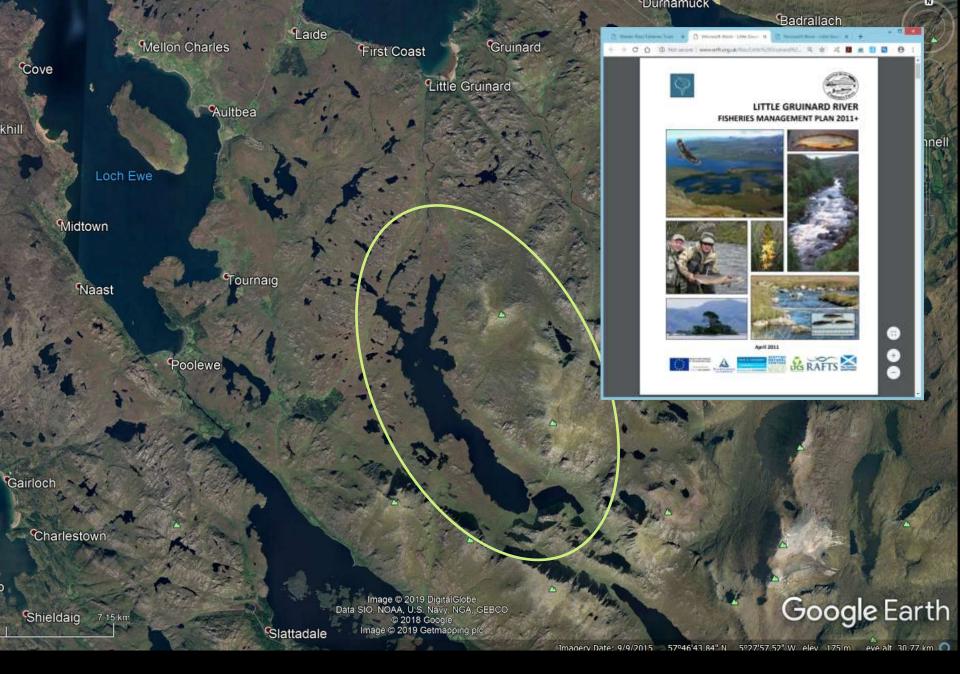






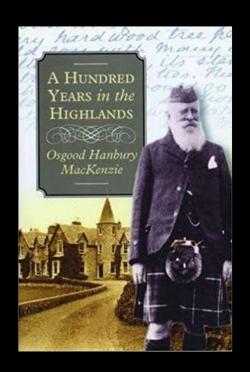






Fionn Loch, Little Gruinard River System





'The Old people declared that there were three different species (or at least varieties) of these trout, and gave them three different Gaelic names vis.,

Claigionnaich (skully, big headed),

Carraigeanaich (stumpy, short and thick) and

Cnaimhaich (bony, big boned).

Certainly the trout do vary a lot in shape and colouring.'

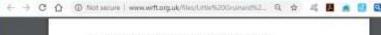




### Fionn Loch 12 September 2017: from one population or 2 (or three?)







Micmooft Wood - Little Gruinen: K

#### LITTLE GRUINARD FISHERIES MANAGEMENT PLAN 2011+

#### Part 5 Trout fisheries

#### 5.1 Introduction

(5) Wester Rose Fisheries Trust x Life 36

The Finan Loch supports one of the most prefactive troot fiberies in Wooler Ross and is familiar for as large forces troot. Many troot of between 25-35co is length are suight in the Finan Loch by the Tobberson cash year. The fact is also noted as a "year" water. There is also a run of our broot into the liver and each year force of these fish are caught. This section commissions while other is known about the wall must of the Little Grassand system.

#### 5.2 Sea trout

In contain to the neighbouring Teig Grain of Privir, the Citils Grainiard has invertible in not all a size. Hower heir. However, some notable sea trout have been recorded. The largest on record was in the TROOL is this of ETB data which was found david by the Proy Pool having been booked and lost by James Lawrice the day before in the Gorge. The fall was includy assumed to have been a salmow, and only electrified as a sea took them scale recising.

Numbers of sea treat caught and recorded were much less than salmen. In some years the recorded sea treat catch was 'nt'. In 1999, 23 sea treat ranging in our from 2,450 to 4th seem recorded, the Figures for the following year include 5-fish ranging in size from 450 of 2,250 states in three days them: 24" – 27" high, shoot of three fish were taken in the pools of the lower river; up to the 3" lists. Andy Walker scarrieded this lower free in 1991, character in 2-0 filescels in many of the year.

Records for catches of Records are patchy. Figure 5.1 shows the reported catches of larger sea troot of 1th and once for the past 20 years. The main resulting appears to be that there were very few larger sea troot in the 1990s, but from 2004 amends, numbers recovered with large first of once 2bbs being recorded in most years, well 2006; then again in 2009. However, the consistency of foling effort for an attent during this period is uncertainty.

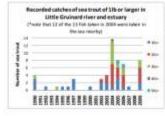


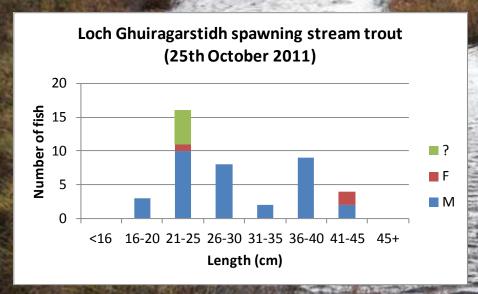
Figure 5.1 Recoded cattles of ses traut in and near the mouth of the Little Grahand, from estate records and Walter (1960-96) Still much to learn about the Fionn Loch and its wild trout and other fishes . . . Salmon fry & charr fry



Loch Ghiuragarstidh, River Ewe system

### Loch Ghuiragarstidh trout spawning burn study, 2011

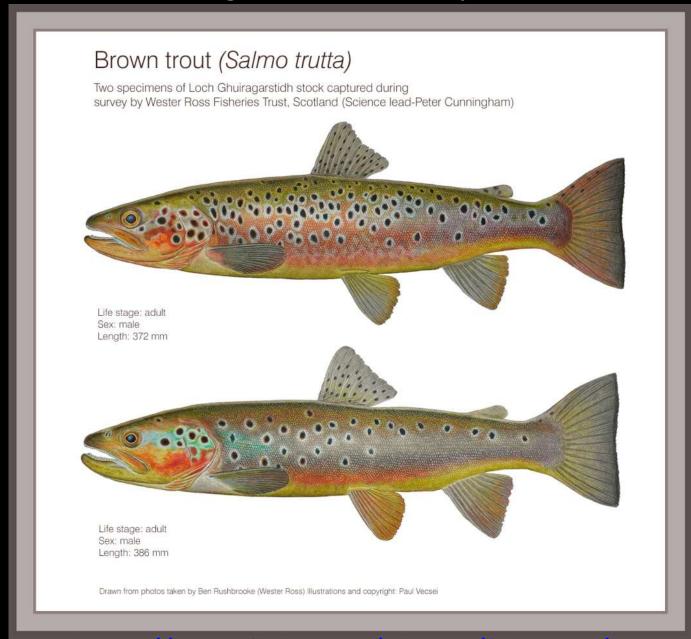
### Photos by Ben Rushbrooke



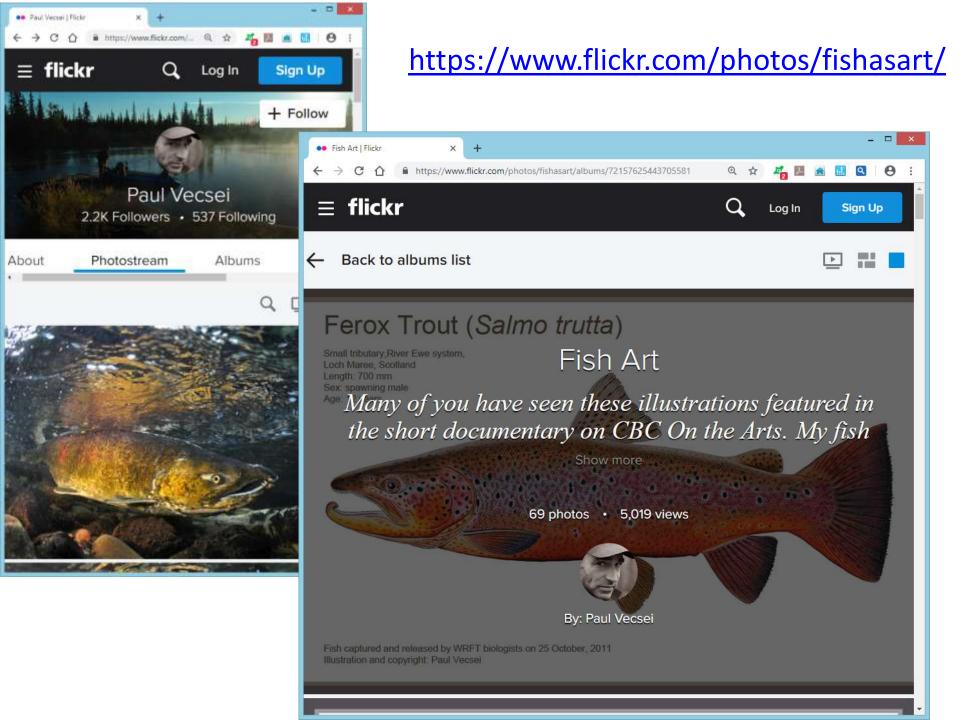
42 trout were caught. The majority were male trout; many of these had a distinctive olive – yellow colouration.

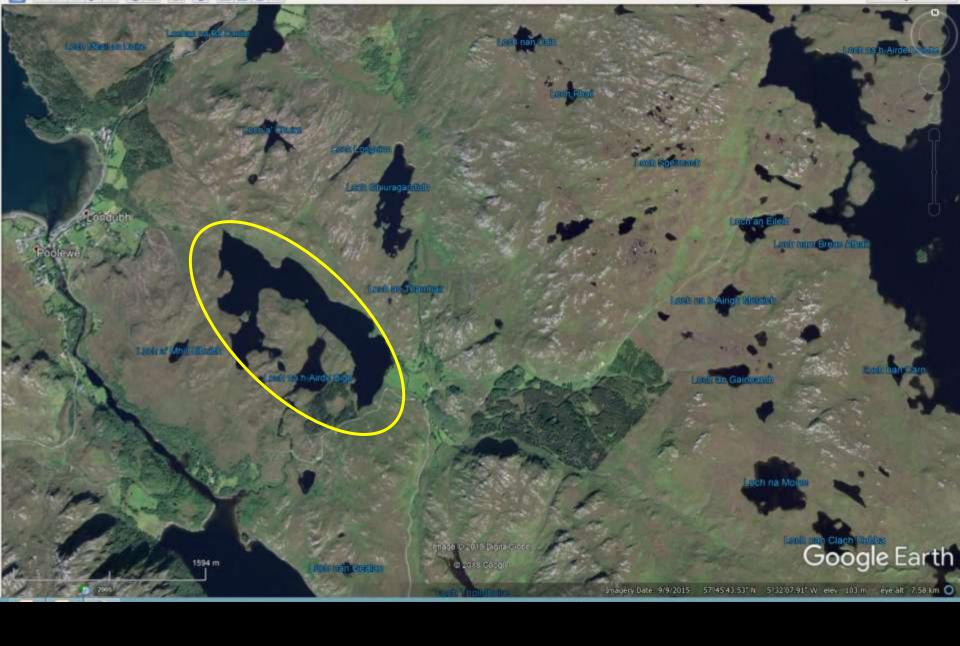


## Loch Ghiuragarstidh trout by Paul Vecsei

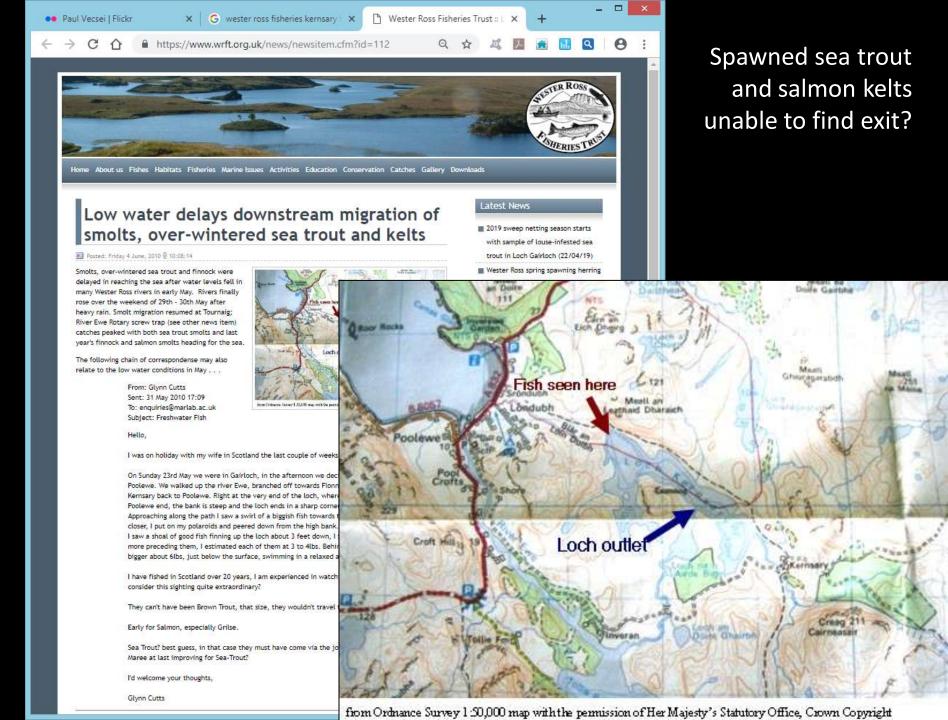


https://www.flickr.com/photos/fishasart/





Loch Kernsary: a natural, big fish trap?



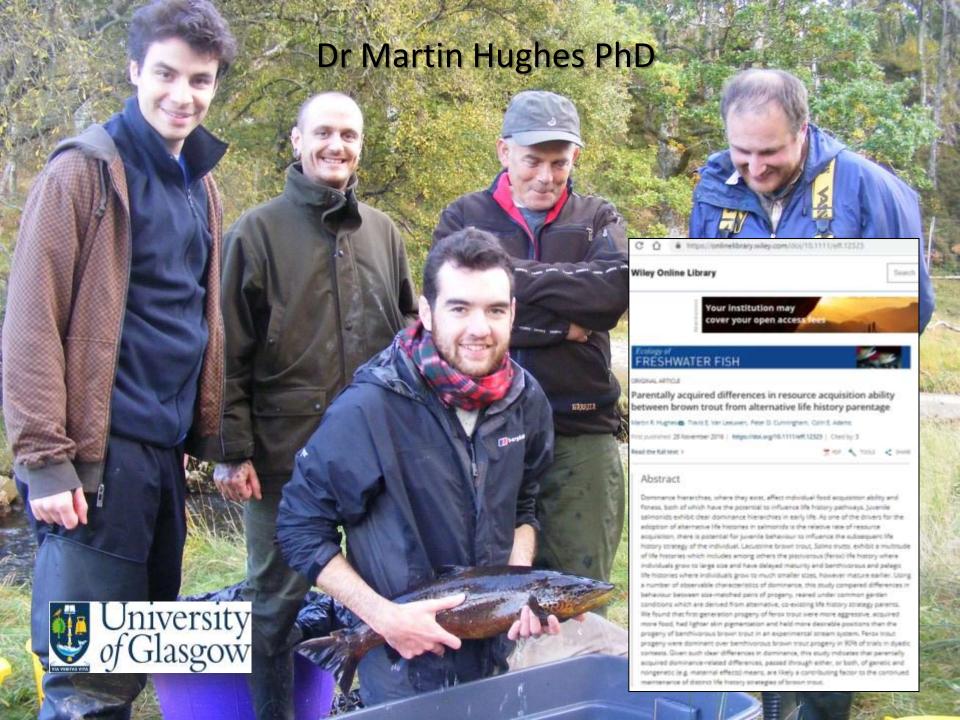
Brown trout, male, 700mm, Kernsary, 27<sup>th</sup> October 2011, aged at 12 years old.

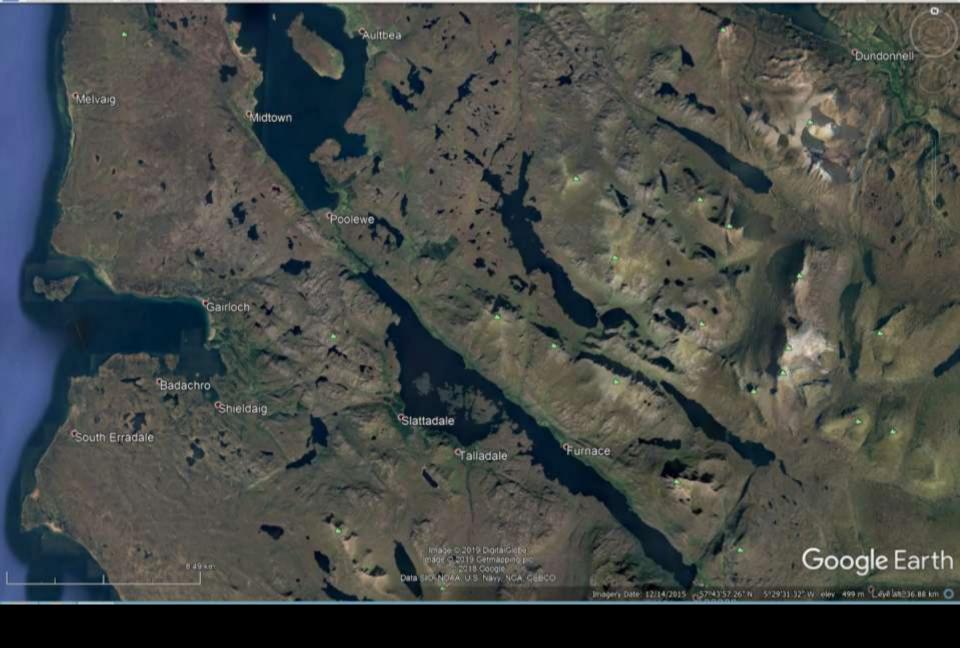


# Ferox Trout (Salmo trutta)

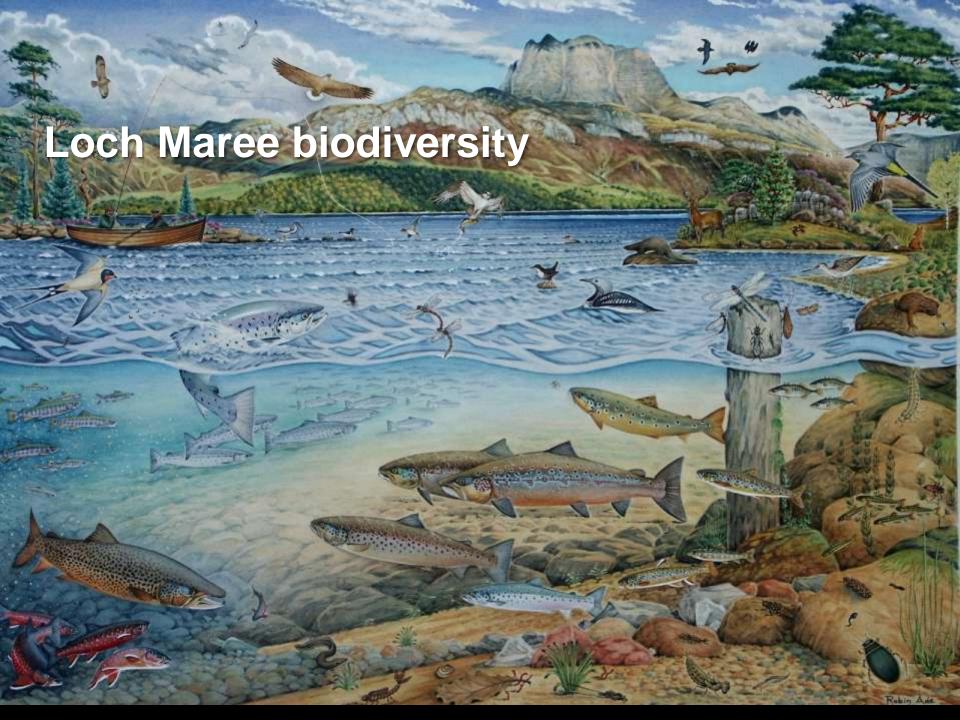


Fish captured and released by WRFT biologists on 25 October, 2011 Illustration and copyright: Paul Vecsei





Loch Maree, River Ewe catchment





### Loch Maree Sea trout Fishery

formerly 15+ boats from early July until mid October







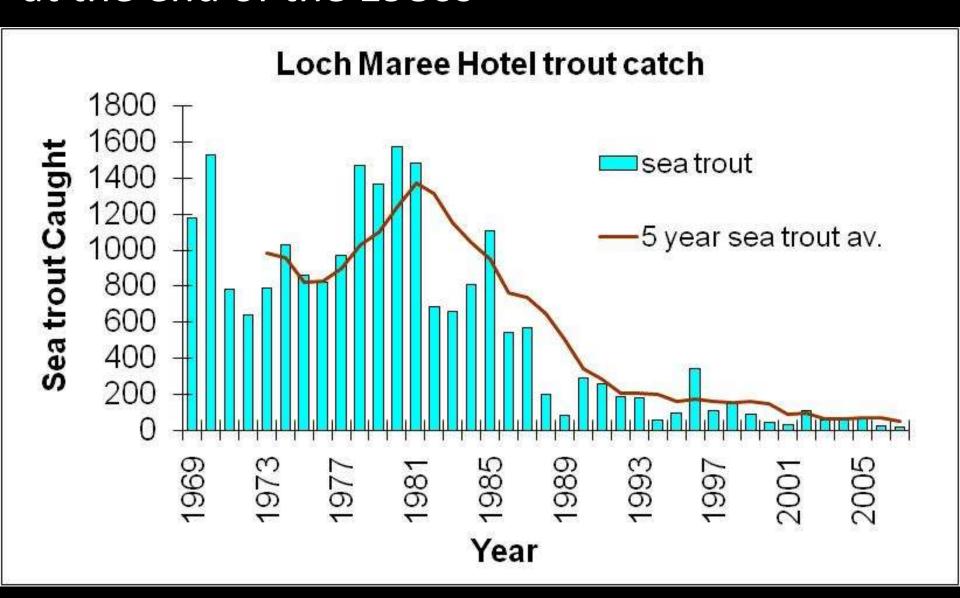








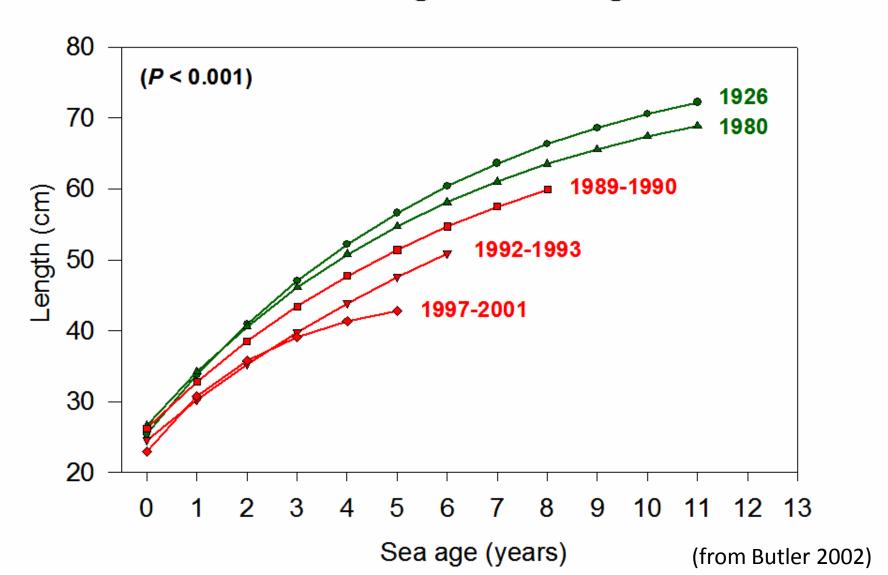
## The Loch Maree sea trout fishery collapsed at the end of the 1980s



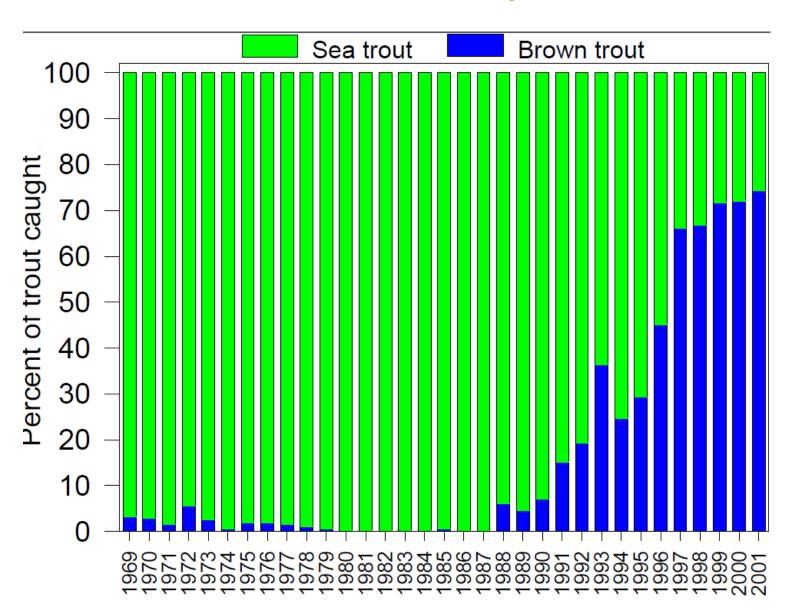


Marine growth rates and survival of Loch Maree sea trout declined . . .

#### Mean Length at Sea Age



## The proportion of brown trout in the Loch Maree rod catch of trout increased in the early 1990s.





# Sea trout monitoring

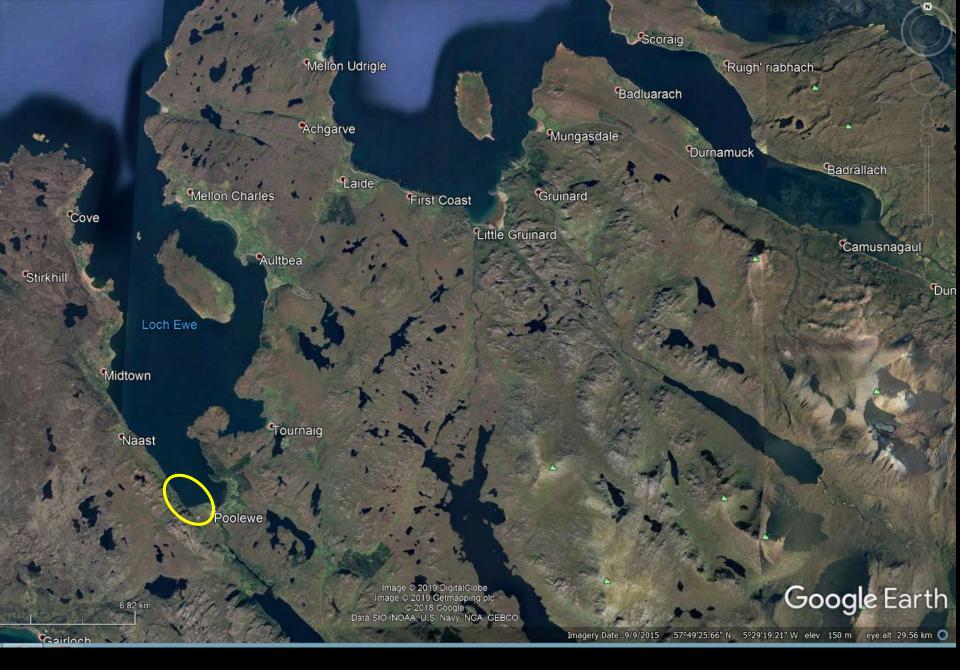
 to find out about sea trout growth rates, parasite burdens and survival.







Boor Bay 31<sup>st</sup> August 2011



**Boor Bay, Loch Ewe** 

### Sampling site at Boor Bay, Loch Ewe

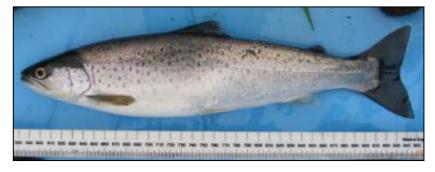


### Sweep net sample, **Loch Ewe**, 4<sup>th</sup> June 2015

(~55km from nearest Torridon salmon farm)

Total catch: 41 sea trout including 36 postsmolts (<250mm) mostly with <5 lice per fish

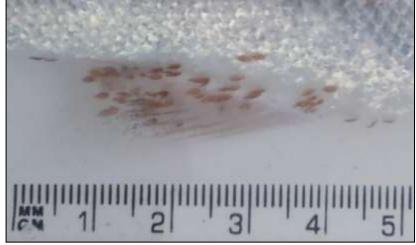
This 362mm sea trout with just 10 lice





. . . and also a 295mm sea trout with 412 lice.





Sea trout, 487mm, 1160 g, 27 lice, taken in WRFT sweep net on 16<sup>th</sup> May 2011, Boor Bay, Loch Ewe.







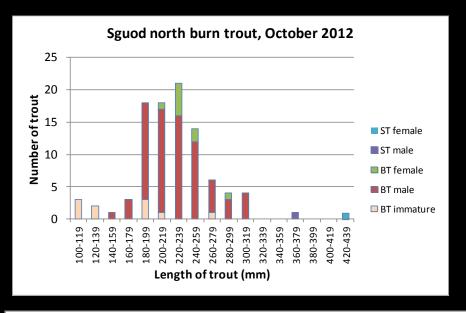


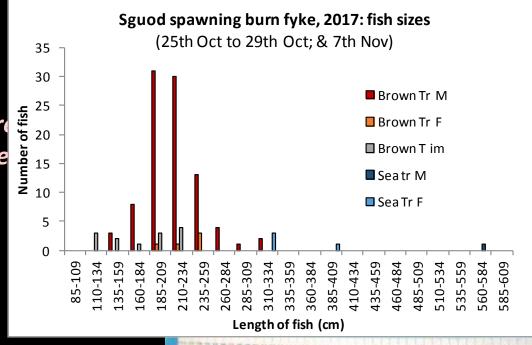
#### Sea trout remain scarce in some spawning burns . . .

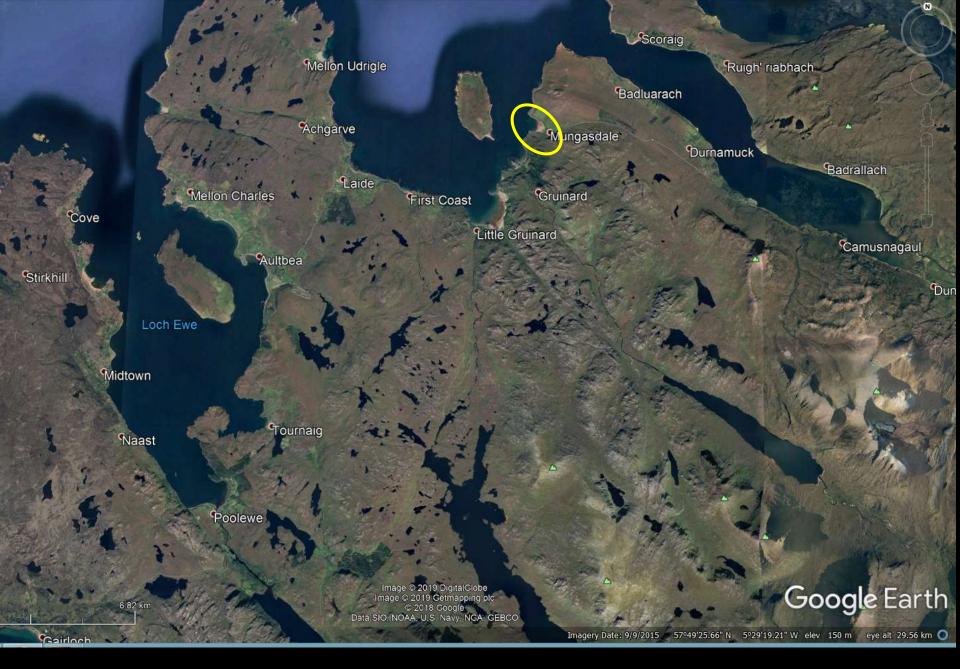


Sguod spawning burn by Loch Ewe, October 2012









Mungasdale, Gruinard Bay



#### Sea grass (Zostrea marina)

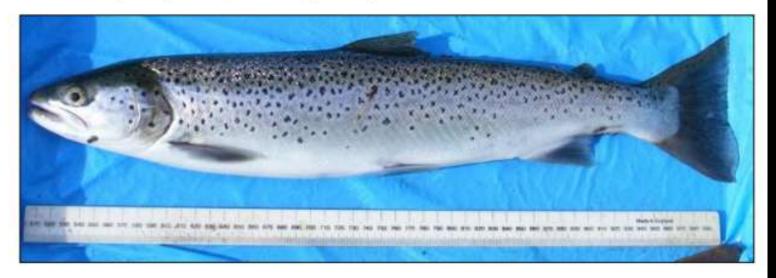
picture from Tayside Biodiversity webpage



Sea trout, fish G1, 465mm, 1016g (cf. 1.01), taken at Mungasdale Bay on 15<sup>th</sup> June 2011. This fish had 31 lice: (0 chalimus, 14 pre-adult and adult lice and 17 ovigerous females).



The same sea trout, G1, caught at Mungasdale Bay on 23<sup>rd</sup> May 2012, 520mm, 1167g; condition factor 0.83 (still rather thin) with 27 Lepeophtheirus salmonis lice (10 chalimus, 7 adults and preadults, 10 ovigerous females) and 2 Caligus elongatus.



#### Sea Trout (salmo trutta)

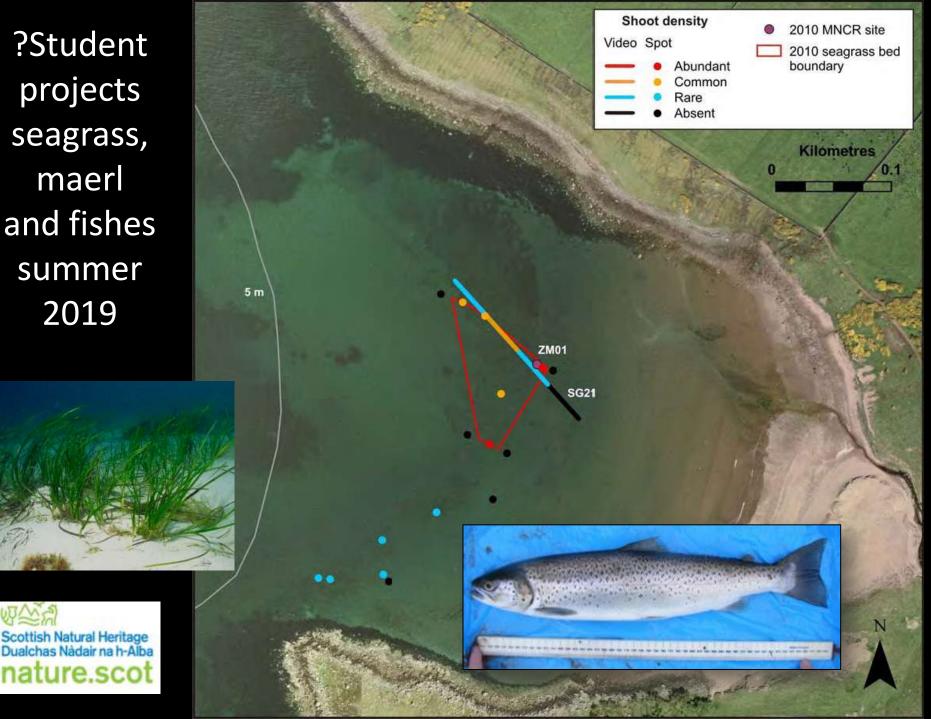
Captured in Mungasdale Bay, Scotland Anadromous Atlantic strain, Length: 520 mm

Weight: 1176 g Date: 23 May 2012

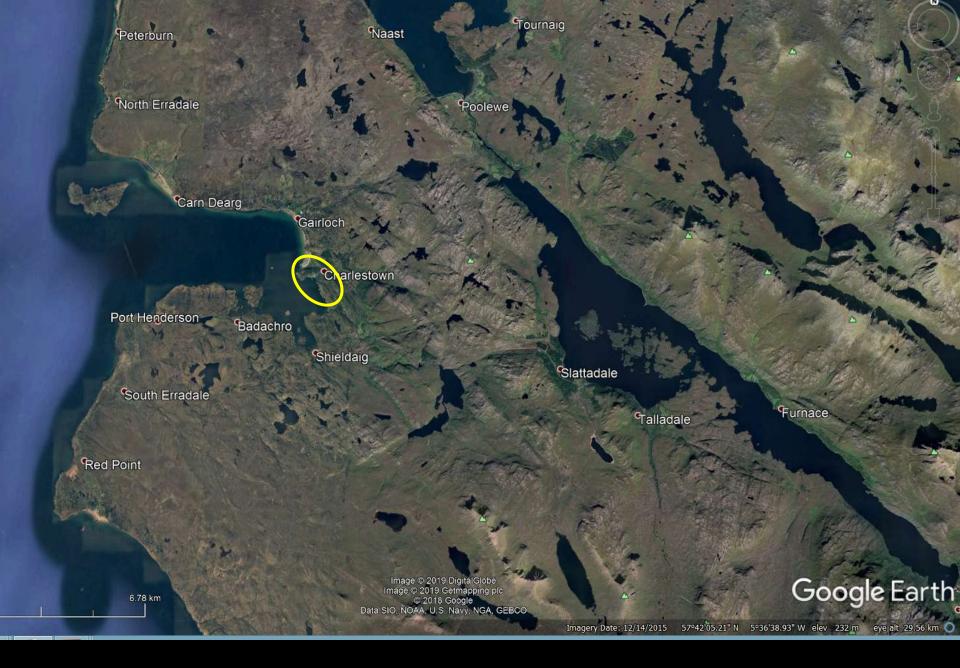


Illustration and copyright: Paul Vecsei Source material: Peter Cunningham, Charlie Hill, Les Bates and Colin Blyth (Wester Ross Fisheries Trust)

?Student projects seagrass, maerl and fishes summer 2019

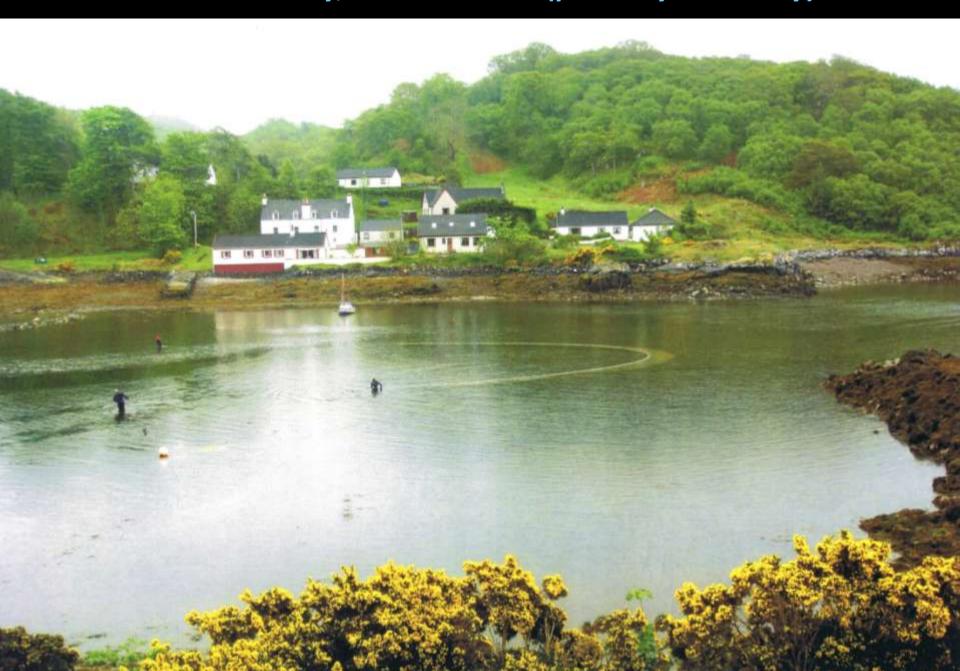






Flowerdale, Loch Gairloch

Flowerdale Estuary, Loch Gairloch (photo by Alex Gray)

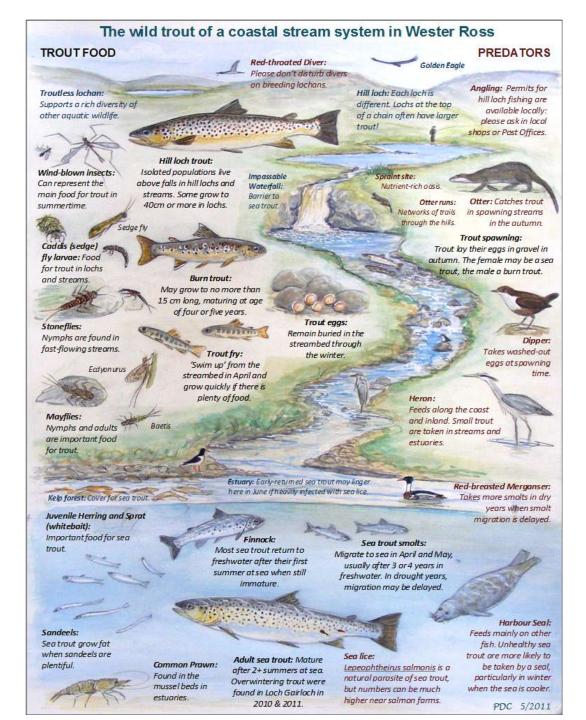




# Flowerdale burn wild trout ecology poster.

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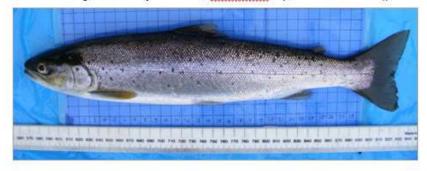
# Flowerdale burn recaptured sea trout . . .

- Individual fish can be identified from unique spot patterns.
- 2. Some fish were caught in the same place in March, June and September.

#### Wester Ross Wild Trout Report for 2011

Figure 5 (continued). Recaptured Gairloch sea trout: Fish B

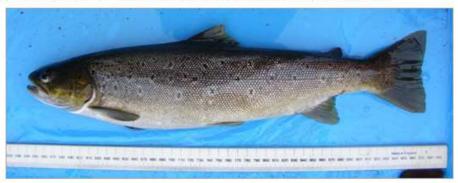
Sea trout, 350mm 416g, condition factor 0.97, Flowerdale Bay, 18th March 2011 (photo J. Tosney)



Sea trout, 392mm, 622g, 14th June 2011, condition factor 1.03, Flowerdale Bay, (photo P. Maguire)



Sea trout, 425mm, 828g, 27th September 2011, condition factor 1.08, Loch Gairloch



Sea trout (fish B) 425mm, 828g, 27<sup>th</sup> September 2011



Sea trout (fish B) 495mm, 1318g, 15<sup>th</sup> October 2012 (Flowerdale burn)

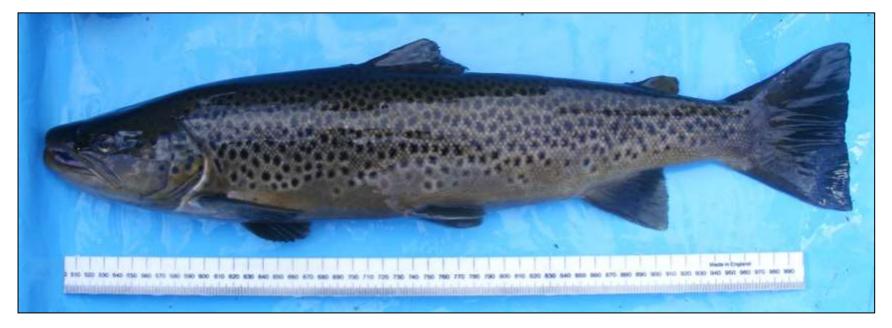




Sea trout 530mm Flowerdale 7<sup>th</sup> July 2016



Sea trout 540mm, Flowerdale 20<sup>th</sup>September 2016 (same fish as in above photo)



#### Sea Trout (salmo trutta)

Captured in Flowerdale, Gairloch, Scotland Anadromous Atlantic strain, Length: 530 mm Date: July 7, 2016

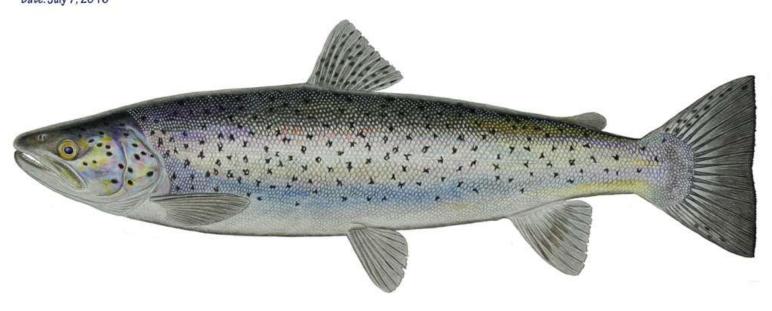
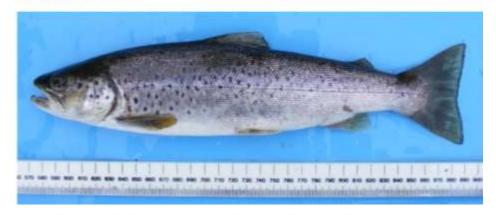


Illustration and copyright: Paul Vecsei
Source material: Peter Cunningham (Wester Ross Fisheries Trust), Bill Anderson, Lennie Campbell (harbour master), Dr Steve Kett, Dr Andy Vicks, Chris Gudgeon, pupils and teachers from Perth Academy

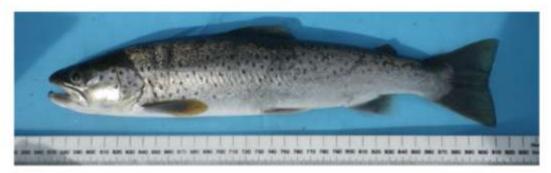


#### Flowerdale sea trout recaptured

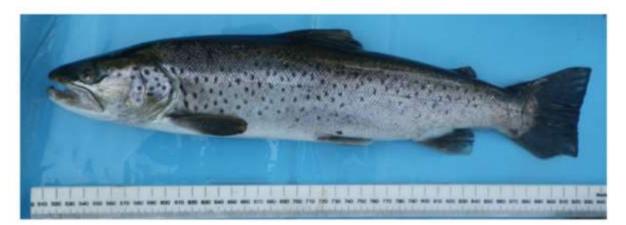
ST 310mm 348g carrying 42 chalimus and copepodid lice, 2 preadults and adults and 2 ovigerous females on 26th June 2017



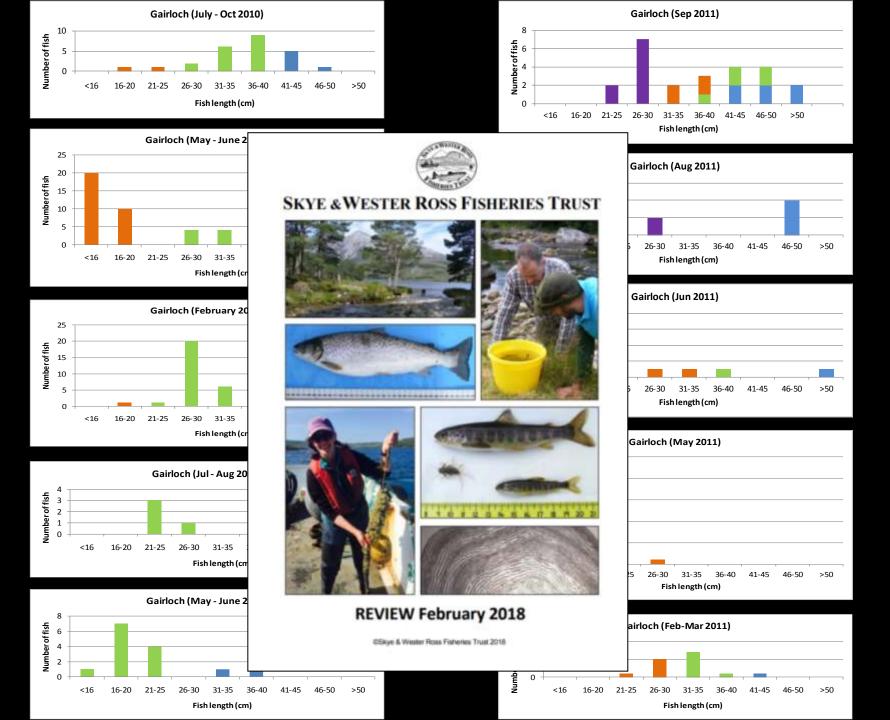
Sea trout 342mm, 385g, 16L.s. sea lice Flowerdale estuary, 18th April 2018



Sea trout 410mm, 686g, 157 sea lice, Flowerdale estuary, 19th April 2019



#### See how they grow!



### Sea trout and the seas around Trawling: Rising fuel prices provide **Wester Ross** additional incentives for the further development of alternative, more selective, White-tailed fishing methods. (sea) eagle Seals: Populations of both harbour and grey seals are near recorded highs. There are few dissolved nutrient connatural predators in local waters (rare Orca sightings). peak in early summer. Formerly culled by salmon netsmen. Otter: Widespread and abundant around the coastline. Feeds on small fishes and crabs. Diet is unlikely to include healthy sea trout in the sea. Small gadoids: Pollack, Saithe, Whiting, etc. Pollack: Large pollack may be significant predators of small sea trout. Gadoids (including Pollack

Common prawn: Other small

as food for sea trout.

crustaceans are also of im-portance

Sea trout: Kelts, over-wintered

water temperatures are still cold

finnock and smolts may be

in spring, especially

if health is compromised

(e.g. by sea lice infection).

particularly vulnerable when

Sea trout food!

### Sea birds:

Target

The 'catastrophic and unprecedented breeding failure' around the West of Scotland in 2005 has been attributed to a shortage of sandeels (RSPB).

Minke whale and porpoise:

sandeels in the early

common in 2005

than in 2004.

summer, then sprat and

herring from mid-summer

onwards. Whales were less

Phytoplankton: Production depends upon sunlight and centrations, and reaches a

> Zooplankton: Changes in the relative abundance of important Calanus species may be related to global limatic change.

are important food for seals.

Herring and sprat: Herring stocks around the west of Scotland were lower in 2005 than in 2004, with particularly few fish in the Minch (ICES).

Gannet

Sandeels: of vital importance for sea birds, marine mammals and many fish species. ICES advise that the current status of West Coast sandeels is 'unknown'.

Jellyfish: Dense aggregations of moon jellyfish formed in local sea lochs during summer 2005. Jellyfish may outcompete juvenile fin-fish for

zooplankton.

Whiting: Taken as bicatch by nephrops trawlers. Cod and whiting stocks are near historic at sustainable levels.

Emerges from sand to feed at many fish species.

Nephrops: Live in burrows in deeper water. Fishermen in Loch Torridon catch only larger nephrops by using creels with 'hatches' that allow smaller nephrops to escape (MSC 'Sustainable Fishery').

Cod, Haddock and

low levels; haddock

Common shrimp:

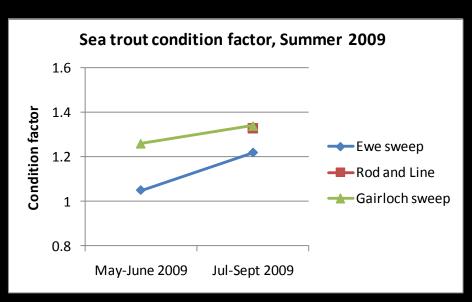
night. An important food for

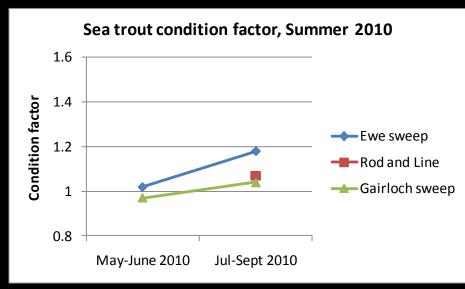
# Sea trout from Loch Gairloch, July 2009 (condition factor 1.4 = incredibly fat!)



### The sea trout we caught in 2009 were fatter than in 2010 & 2011

2009 2010









Sea trout from Kerry Bay, Loch Gairloch, 29<sup>th</sup> June 2009.

Sea trout from Flowerdale Bay, Loch Gairloch, 29<sup>th</sup> June 2010

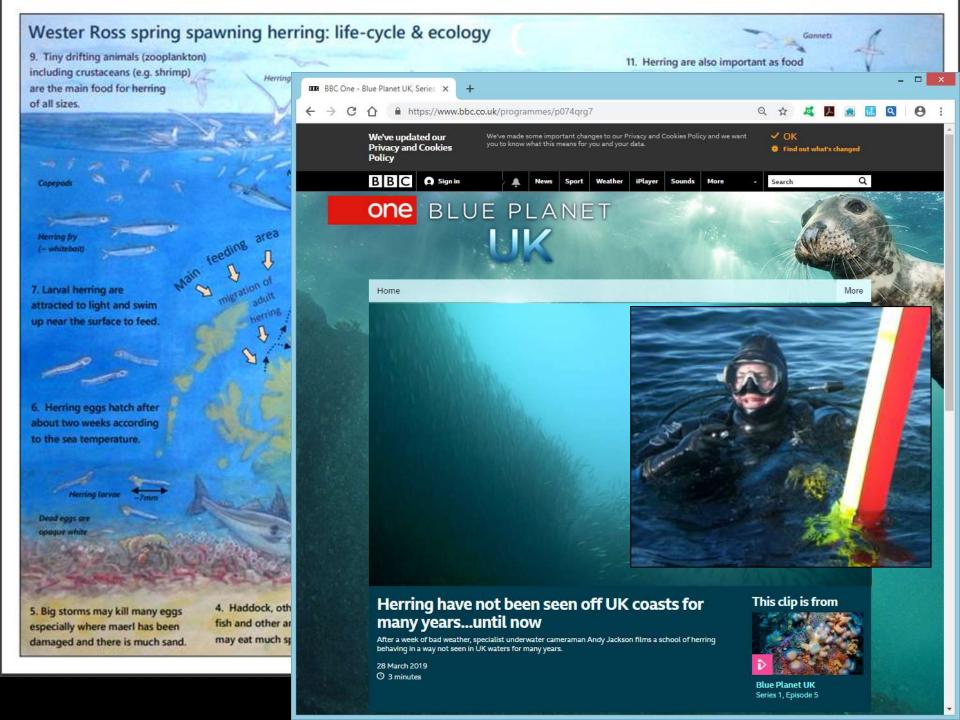
# Sandeel 'glut', Gairloch, early July 2009



Herring lay their eggs on gravel and maerl







### Loch Gairloch Sea trout, 19th May 2015: approximately 500 lice . . .







Question: what was the distribution of heavily lice-infested sea trout?



Sweep netting for sea trout **Loch Gairloch**, 19<sup>th</sup> May 2015





Loch Gairloch, 6<sup>th</sup> July 2015.

Electro-fishing sample from sea pool of Flowerdale river.

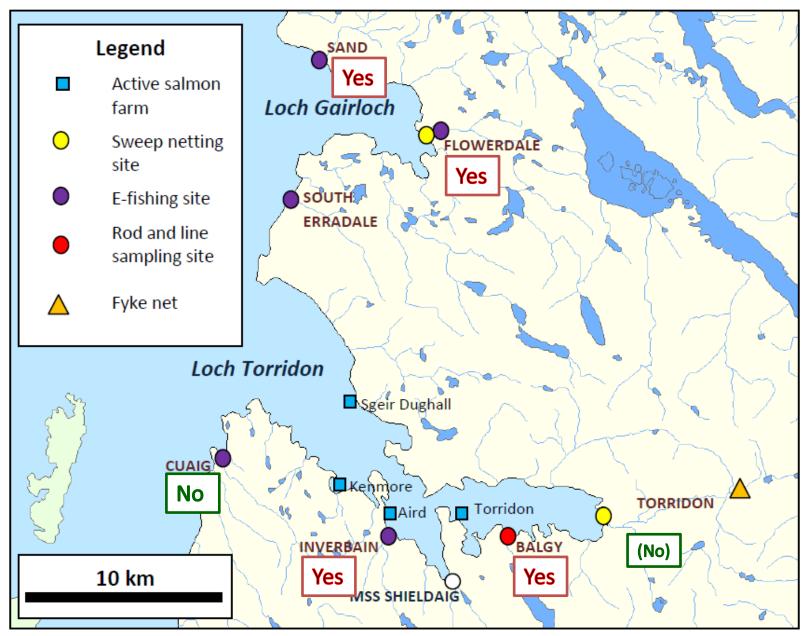
6 sea trout, sea lice counts per fish: 52, 81, 16, 54, 85, 81, 2



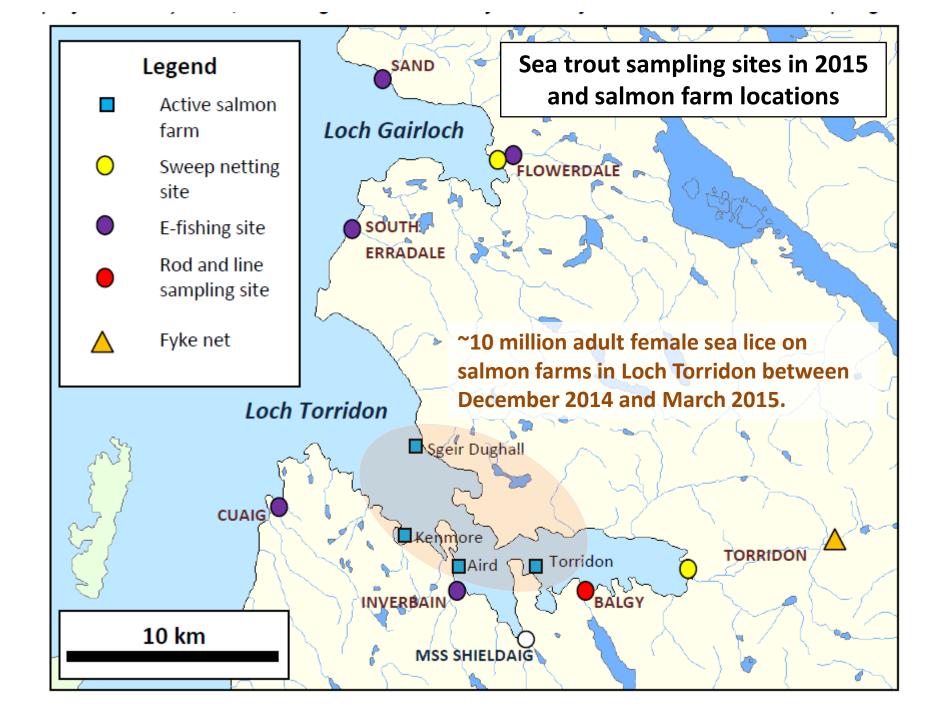
Sea trout of 279mm 81 lice on it and a freshly damaged dorsal fin associated with sea louse infestation (photo by Andy Vicks)

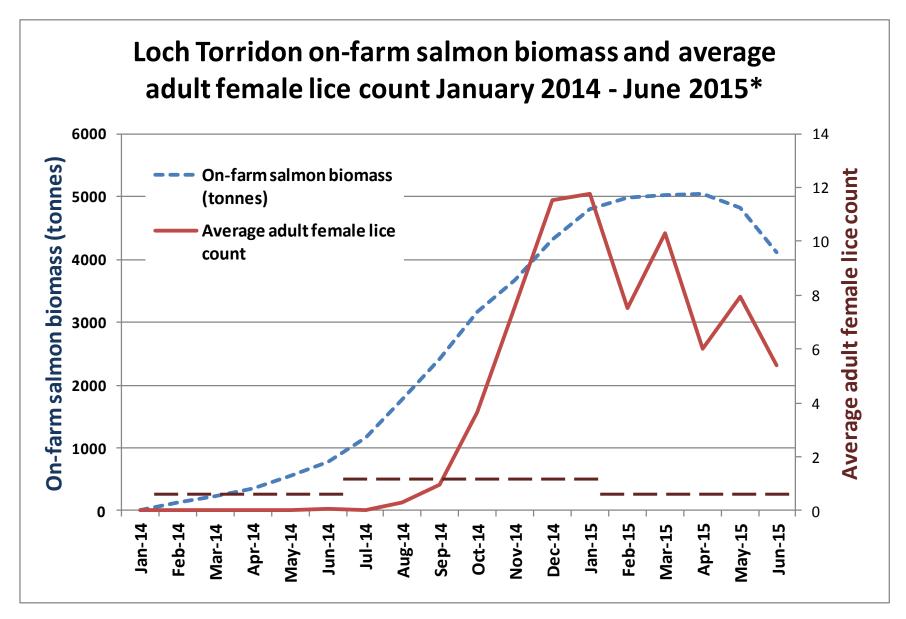


Sea trout samples with '100% expected mortality' <sup>1</sup> fish?

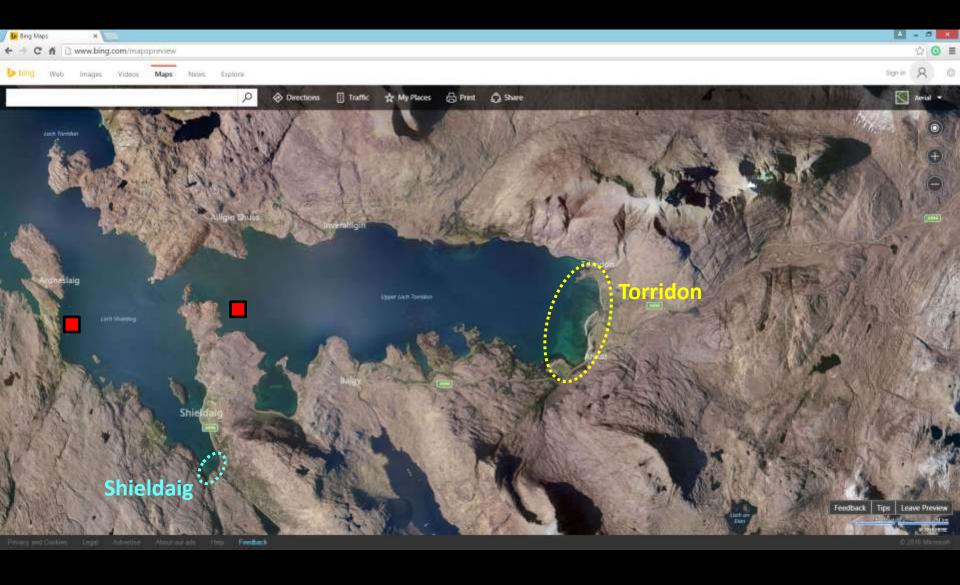


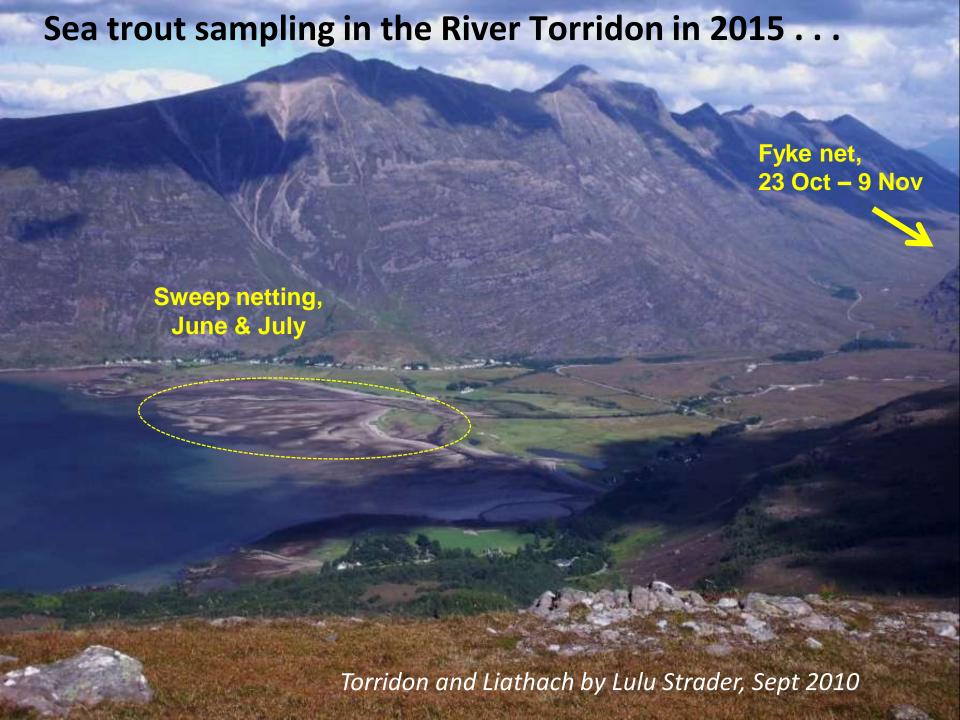
¹ (sea trout with >0.3 lice/fish weight, g) Taranger, et al. 2015





<sup>\*</sup>from data published in <u>SSPO fish health management reports</u> and on the <u>Scotland's Aquaculture</u> website.





### Torridon estuary sweep netting, 15<sup>th</sup> June 2015

... just one sea trout, 500mm, no sea lice.



River Torridon fyke net, set in spawning burn from 13 Oct to 9<sup>th</sup> Nov



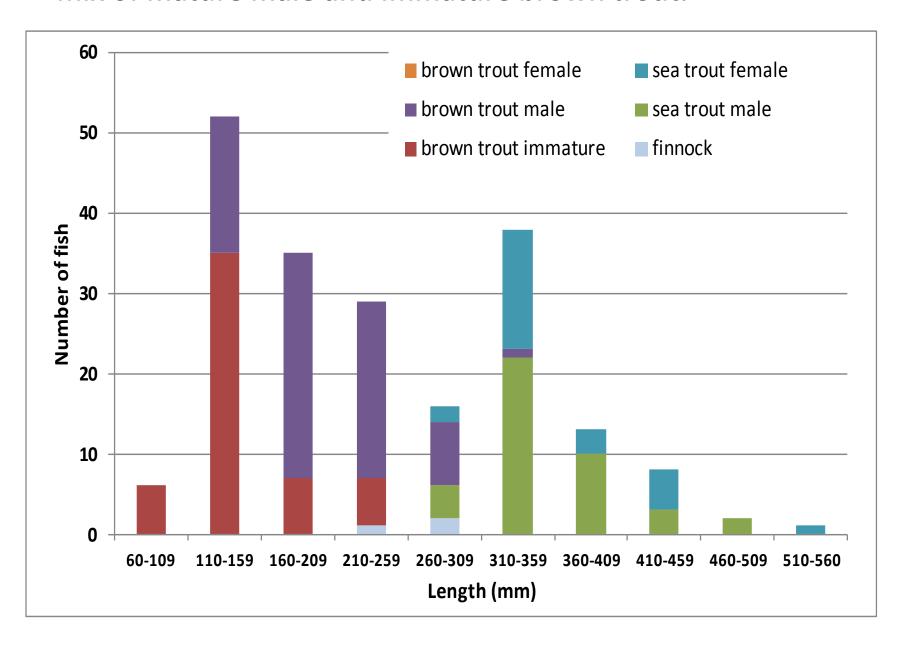
### There were 76 'captures' of sea trout in the fyke net . . .

Male and female sea trout from fyke net, 28th October 2015



0 520 530 540 550 560 570 580 590 600 610 620 630 640 650 660 670 680 690 700 710 720 730 740 750 760 770 780 790 800 810 820 830 840 850 860 870 880 890 900 910 920 930 940 950 96

# ... out of a total of 211 trout captures; the others were a mix of mature male and immature brown trout.

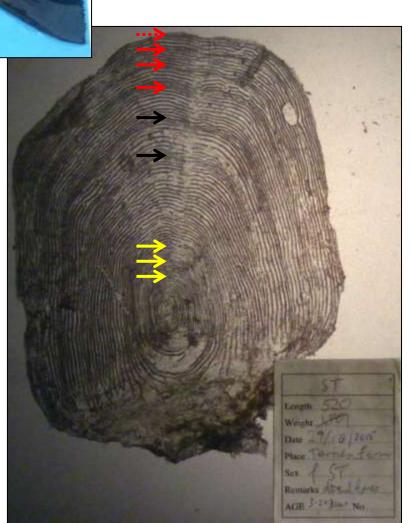


### Female sea trout, 520mm Torridon fyke net 29<sup>th</sup> October 2015

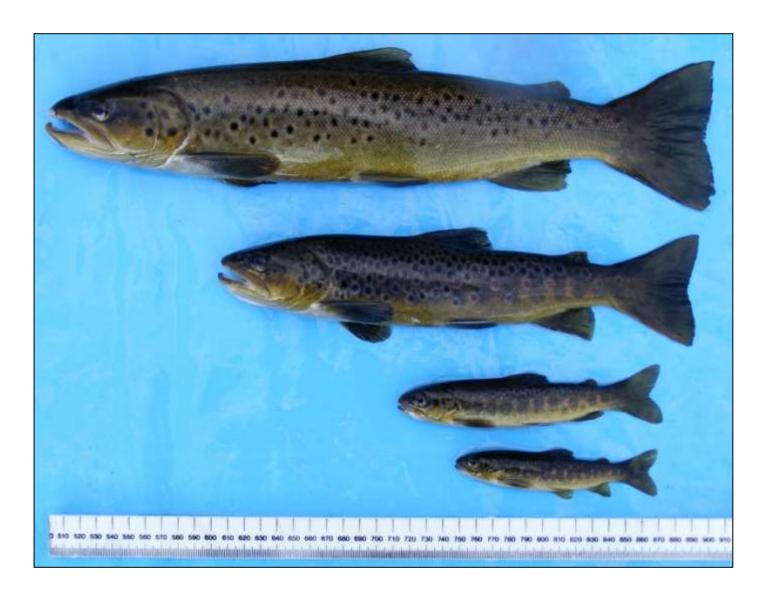


Age 8+ years
at least three spawning marks
6 summers at sea
three years in freshwater





**Mature male trout** (running milt) Torridon fyke net 3<sup>rd</sup> November 2015 The top fish is a sea trout, the other three, brown trout.

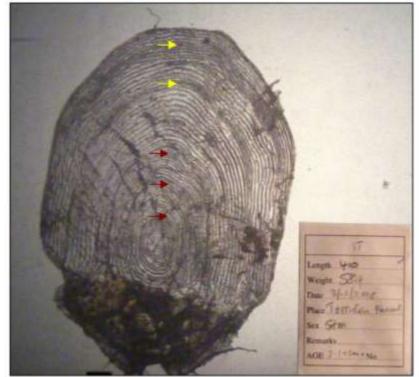


### Torridon fyke net 3<sup>rd</sup> Nov.

(top) 5 year old male sea trout of 410mm (scale bottom right)

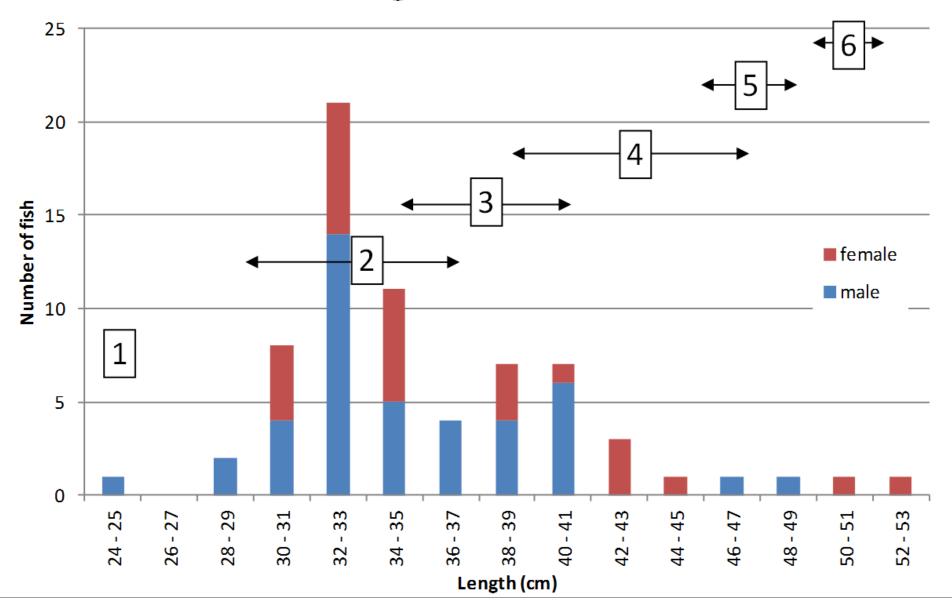
(below) 10 year old male brown trout of 352mm







### Sea ages of sea trout



## Sea Trout (salmo trutta)

Captured in the River Torridon, Scotland Anadromous Atlantic strain, Length: 398 mm Date: November 3, 2015



Illustration and copyright: Paul Vecsei Source material: Peter Cunningham, Charlie Hill, Les Bates and Colin Blyth (Wester Ross Fisheries Trust)

### Brown Trout (salmo trutta)

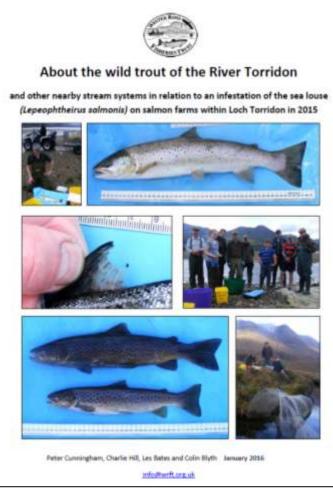
Captured in the River Torridon, Scotland Resident, Atlantic strain, Length: 352 mm Date: November 3, 2015



Illustration and copyright: Paul Vecsei
Source material: Peter Cunningham, Charlie Hill, Les Bates and Colin Blyth (Wester Ross Fisheries Trust)

In some sea lochs with plenty of fresh and brackish water feeding areas, female sea trout are able to survive, mature and spawn more than once, despite heavy sea louse infection pressure nearby.

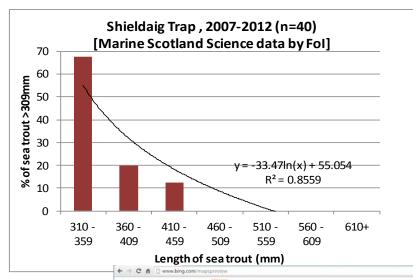


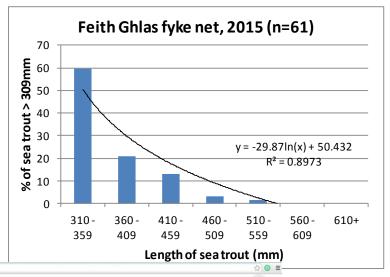


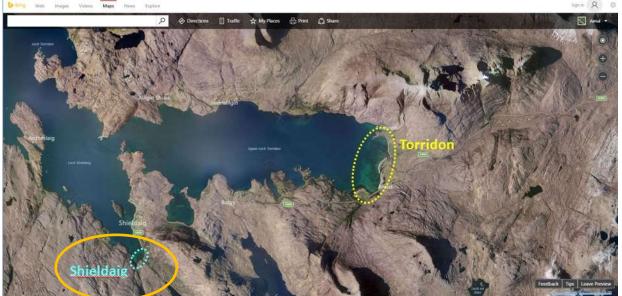
### ...but not everywhere: larger sea trout in Loch Torridon

Relative % of sea trout of >310mm in samples from the

MS Shieldaig trap, 2007 to 2012 (left) . . . and WRFT Torridon fyke net, 2015 (right).

















# 2019 sweep netting season starts with sample of louse-infested sea trout in Loch Gairloch

Posted: Monday 22 April, 2019 @ 15:22:37

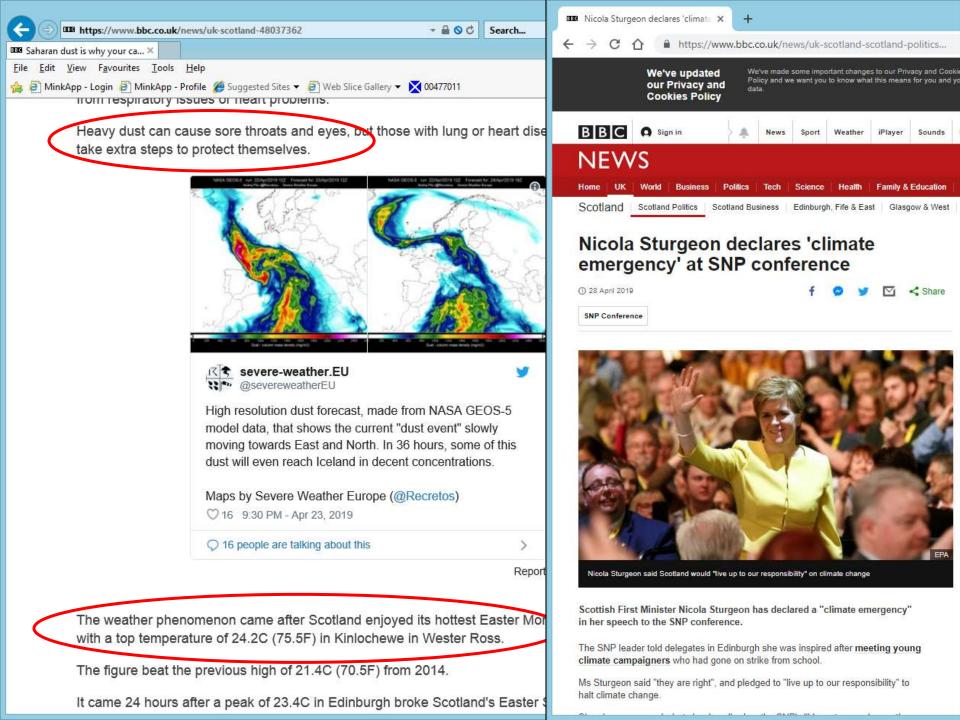
Thirty seven sea trout were caught in the first SWRFT sweep netting session of 2019 in Loch Gairloch. These fish were assumed to be a mix of overwintered finnock and older sea trout (rather than this year's sea trout smolts) of lengths between 225mm and 450mm. Scale samples have been taken to confirm fish and sea age.

Sea trout were generally thin with an average condition factor (for the first 30 fish) of 0.88. The average estimated lice count on these fish was 107+ lice per fish (range 3 to 300+). Larger lice were Lepeophtheirus salmonis, smaller lice (too small to distinguish in the field) were also assumed to be L. salmonis. Most of the lice were very small copepodid or chalimus lice.



### Latest News

- 2019 sweep netting season starts with sample of louse-infested sea trout in Loch Gairloch (22/04/19)
- Wester Ross spring spawning herring feature on BBC Blue Planet UK (29/03/19)
- Wild trout conservation and fisheries revival in Wester Ross and the Isle of Skye: time for rethink? (15/03/19)
- Skye and Wester Ross Fisheries Trust Annual General Meeting 2018-19 (13/02/19)
- SWRFT Newsletter February 2019 published (12/02/19)
- Gairloch seashore & snorkel trail discovery day (22/06/18)



# Wild fires . . .



The future? The Outer Hebrides: still has some big sea trout . . .



N. MacNeil with 8lb sea trout, Loch Roag, S. Uist, Sept 12th 2013

# Thank you!





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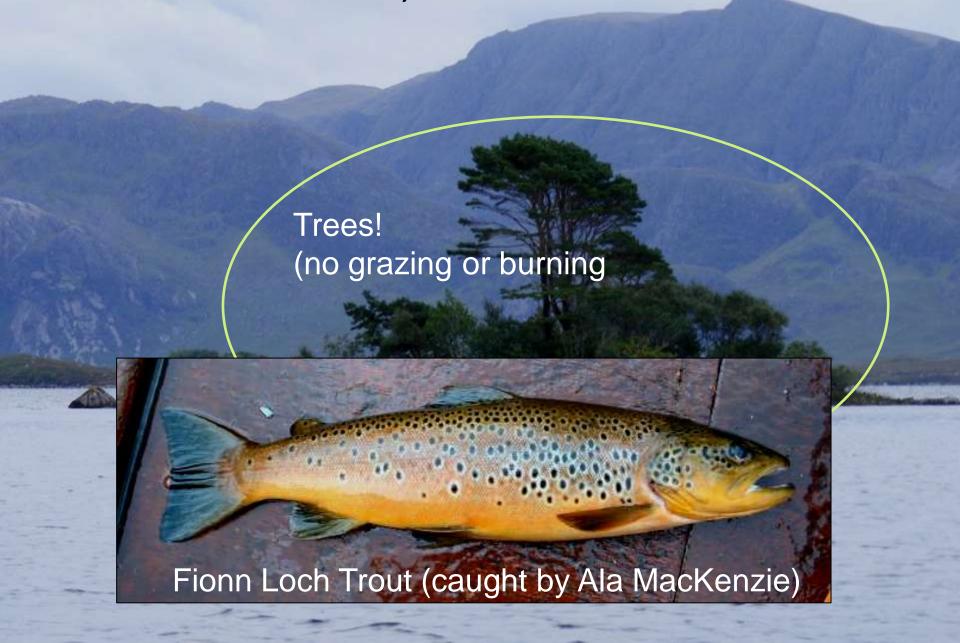








# Fionn Loch islands, Little Gruinard catchment.





Is there a need to designate some 'special' sea trout systems in Scotland?



### Sea trout monitoring in 2018 (supported by SG and WRASFB)

•Samples of sea trout at 6 mainland sites including 3 new ones

Kanaird sweep netting





